



INSPECTION REPORT  
15th INTERNATIONAL AUSTRIAN CHAMPIONSHIPS  
AND  
7th AUSTRIAN NEWCOMERS CHAMPIONSHIPS  
(MODEL AND SPORT PHYSIQUE)

11th Mai 2024  
Lugner City, Vienna, Austria

**OLYMPIC**  
PRESENTS  
**15th INTERNATIONAL AUSTRIAN  
7th NEWCOMERS  
CHAMPIONSHIPS**  
QUALIFICATION  
EBPF-EUROPEAN CHAMPIONSHIPS  
BUDAPEST / HUNGARY

**SAMSTAG 11. MAI 2024 AB 14<sup>00</sup>**  
Registrierung und  
Kontakt  
[www.abpf.at](http://www.abpf.at)

Abwaage / Registrierungszeiten  
10. Mai 2024 16<sup>00</sup> - 18<sup>00</sup>  
11. Mai 2024 10<sup>00</sup> - 13<sup>00</sup>

**LUGNER CITY**  
Wien, Österreich

**PREISGELD**  
€ 3.500.-

Pro Tan  
EUROPE SINCE 1987

ATOMBODY

web-cr0ss

PICHL

SEPIDER



„Lugner City“ is a shopping – mall located at the so called „Gürtel“ in the 15th District of Vienna. There you can find various shops and restaurants, a gym and cinemas as well as a 4 star Hotel (ARTE HOTEL VIENNA).

The competition will be conducted at the center stage on the ground floor level, the so called „Showbühne“ (see picture above). The stage can be viewed from all levels so maximum exposure for the participating athletes is guaranteed.

The direction/adress of Lugner City Mall is:

Lugner City  
1150 Wien  
Gablenzgasse 12-15  
phone: +43 1 98150 0  
fax: +43 1 98150 98  
web: <http://www.lugner.at>

By public means you can get to Lugner City via underground line U 6, Station „Burggasse-Stadthalle“, exit „Burggasse“. There is a huge garage for parking available at reasonable prices.



## WEIGH-IN/REGISTRATION

Weigh-in/registration for all participants takes place on Friday, **May 10th 2024 from 16:00-18:00 hours** und **saturday, May 11th 2024 from 10:00-13:00 hours** at the stage Showbühne. All participants are requested to pre-register online no later than by **May 6th 2024** via the online registration button on ABPF-website under the button EVENT-ANMELDUNG/registration:

[www.abpf.at](http://www.abpf.at)

**In the event that pre-registration is not possible online due to technical reasons registration can also be made by e-mail using the following e-mail addresses:**

[office@abpf.at](mailto:office@abpf.at)

[office@ablaw.at](mailto:office@ablaw.at)

### **Competition conditions:**

1. Minimum age is 16 years, as a Junior year of birth 2001 or younger masters year of birth 1984 ladies (+30) year of birth 1994 or older, ladies (+40) 1984 or older.
2. Pre – registration no later than by May 6th 2024 .
3. Athletes with a foreign passport with a proven residence in Austria can compete for Austria as Austrians; foreign athletes with no residence in Austria have to register via their national WBPF affiliated federation provided that their is such an affiliated federation in their country;
4. The level of physical development has to meet the standard for the respective categories as per the decision of the head judge.
5. Payment of the registration fee .
6. Athletes have to provide correct competition attire and tanning.

It ist he responsibility of the participants to appear in due time for the weigh-in/registration. Athletes who fail to show up in time will be denied participation and have to bear all the costs by themselves.

### **IMPORTANT NOTICE**

- All participants have to provide picture ID (passport) and posing music (max. duration: 60 seconds), on CD or USB-stick (music must be at the beginning) at the time of weigh-in/registration, or else they will not be registered
- G-String-Bikinis are prohibited. Female participants have to provide the competition attire (Bikini, swimsuit, shoes) for inspection, as well as male participants their competition attire (Posing trunk, board shorts).
- All participants have to appear in decent sports clothes for weigh-in/registration.

## REGISTRATION FEE

All participants (athletes and coaches) have to pay the registration fee to the organizer ABPF.  
Bank account ABPF: UniCredit Bank Austria AG IBAN: AT63 1100 0086 4558 6200 BIC: BKAUATWW

Registration fee	Includes	EUR <i>Pre-paid to account (no later than by May 6th 2024)</i>	EUR Cash or <i>paid after May 6th 2024</i>
Athletes	<ul style="list-style-type: none"> <li>✓ Free entry</li> <li>✓ Access to backstage area</li> <li>✓ Food voucher (restaurant Lugner City)</li> <li>✓ Certificate &amp; gift bag</li> </ul>	first category: <b>60.-</b> Per additional category: <b>30.-</b>	first Category: <b>70.-</b> Per additional category: <b>35.-</b>
Coaches	<ul style="list-style-type: none"> <li>✓ Free entry</li> <li>✓ Access to backstage area</li> </ul>	<b>20.-</b>	<b>25.-</b>

All cash payments have to be exclusively in EURO. Terminals to withdraw cash are available at Lugner City Mall.

## TICKETS

Tickets:	EUR Payment in advance <i>(if paid no later than by May 6th 2024)</i>	EUR Cash or Paid later than by May 6th 2024
VIP (2. – 3. row)	<b>30.-</b>	<b>35.-</b>
Standard (4. – 10. row)	<b>10.-</b>	<b>15.-</b>

Tickets can be bought online using the **Button TICKETS on ABPF website [www.abpf.at](http://www.abpf.at)**. Tickets will not be mailed to buyers. All bought/paid tickets have to be collected personally before the commencement of the competition at the registration table no later than by 13:30 hours. Tickets that are not collected in time will become invalid and the purchase price will not be refunded! Bank account ABPF: UniCredit Bank Austria AG IBAN: AT63 1100 0086 4558 6200 BIC: BKAUATWW.

## ACCESS TO THE BACKSTAGE- TANNING- AND BEAUTY- SERVICE AREA

Access to the backstage- tanning and beauty service area is only allowed for athletes and coaches who provide the valid tickets (wrist band). Please respect the privacy of the participants!

## TANNING AND BEAUTY SERVICE

### IMPORTANT NOTICE!

- The use of Dream Tan or any other colour that comes off the physique is strictly prohibited!
- Participants using Dream Tan or any other colour that comes off the physique will be disqualified.

**Pro Tan**<sup>®</sup>  
EUROPE Since 1987  
[www.protan-europe.com](http://www.protan-europe.com)

Pro Tan Europe cooperates with ABPF as the official company for tanning and

beauty service. PRO TAN Europe will provide excellent service to make the competitors look great on the stage.

The booking and payment of Pro Tan tanning and beauty services must be made with ABPF exclusively in the same form as for the registration online [www.abpf.at](http://www.abpf.at) or by E-Mail as specified above— however the booking of appointments according to the Tanning and beauty service schedule has to be made directly with Pro Tan Europe:

#### PRICES:

- Tanning: 90.- Euro (unlimited layers and oil)
- Tattoo cover-up.: 45.- Euro (including repair)
- Pro-hairstyling: 60.- Euro
- Pro-Make up: 80.- Euro
- Combi : 130.- Euro (Pro-make-up and hair)

**IMPORTANT NOTICE AGAIN:** Payment for tanning and Beauty service has to be made to the ABPF Bank Account IBAN AT63 1100 0086 4558 6200 BIC: BKAUATWW or in cash during weigh-in/registration, After the payment the competitor will get a voucher for the booked and paid Pro Tan services, this vouchers have to be handed over to the PRO TAN event manager to get the services done. The booking of appointments for tanning and beauty services has to be made directly and exclusively with PRO TAN (<https://www.protan-europe.com>).

### TROPHIES, MEDALS, PRIZES

Every duly registered participant will get a meal voucher at the weigh-in/registration and a certificate of participation during the award ceremony. The winner of each category receives a statue, second and third place finishers will get a trophy/cup. In addition the winner gets a gold medal, the runner-up a silver medal and the third place finisher a bronze medal. The discipline (overall) winners of the Women`s Model-, Sport-, Wellness und Athletic Physique as well as the discipline (overall) winners of the Men`s Bodybuilding, Sport- und Athletic Physique receives a prize money of € 500, in addition the overall men`s bodybuilding champion receives a sword.

The dicipline (overall) winners of Women`s Model-, Sport-, Wellness-, Athletic Physique and one piece swimsuit receive a diadem.

### CAMERAS, FOTOS AND VIDEOS

The use of cameras for taking pictures and videos is strictly forbidden in the backstage tanning and beauty service area unless such recordings are made by authorized MEDIA REPRESENTATIVES approved by ABPF. In any event it is prohibited to record participants while they are busy changing clothes/dresses/competition attire.

The competition is the exclusive property of ABPF – all rights reserved. Any recording of fotos and videos is only allowed with the consent of ABPF. All participants waive any and all rights and claims against ABPF for being recorded on foto or video.

## PRELIMINARY COMPETITION SCHEDULE

**10th May 2024 (Friday) Showbühne/stage Lugner City**

16:00-18:00 **weigh-in/registration** for all categories

**11th May 2024 (Saturday) Showbühne/stage Lugner City**

10:00-13:00 **Weigh-in/registration** for all categories

14:00-18:00 **Competition** ( 24 categories)

1	Model Physique	Women	Newcomers open (Austrians only)
2	Model Physique	Women	-160/-165/+165cm
3	Lady Model Physique	Women	+ 30/+40
4	Sport Physique	Women	-165/+165cm
5	Athletic Physique	Women	-165/+165cm
6	Wellness Physique	Women	open
7	Swimsuit Physique	Women	open
8	Overall	Women	For all women`s disciplines with at least 2 categories
9	Bodybuilding	Men	Juniors (-23 years)
10	Bodybuilding	Men	Masters (-50/+50 Jahre)
11	Sport Physique	Men	Newcomers open (Austrians only)
12	Sport Physique	Men	Senior ( -178/+178 cm)
13	Athletic Physique	Men	Senior (-178/+178 cm)
14	Bodybuilding	Men	Senior ( -80/-90/-100/+100kg)
15	Overall	Men	Sport-, Athletic Physique
16	Overall	Men	Bodybuilding
17	EC - qualification	all	Austrians only

## POSING MUSIC

Posing music must be provided by all the participants who have to perform a posing routine (Men`s Bodybuilding, Men`s Athletic Physique) on USB-stick or CD in a duration of no more than 60 seconds, the music must be recorded professionally at the beginning of the USB-stick/CD. Name and competitor number must be written on the USB/CD for identification purposes. Competitors without proper music have to perform their routine to music selected by the organizer.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LYRICS IS STRICTLY PROHIBITED!

## COMPETITION RULES

For this competition the Rules book of World Bodybuilding & Physique Sports Federation (WBPF) and the rules and regulations of ABPF (wellness Physique) become applicable with the exception that there will be only one round (no prejudging) . Competition Rules can be downloaded on the following websites: [www.abpf.at](http://www.abpf.at) and [www.wbpsf.org](http://www.wbpsf.org).

It is possible that anti-doping controls will be conducted.

## CONTACT DETAILS AND PHONE NUMBERS FOR FURTHER INQUIRIES

ABPF

Austrian Bodybuilding and Physique Sports Federation

Favoritenstraße 26/6

A-1040 Wien

+43 (1) 71054990

+43 664 403 7197

[office@abpf.at](mailto:office@abpf.at)

### Männer Physique-Klassen-Gewichtstabelle

Körpergröße in cm	SPORT Physique: Gewicht in kg	ATHLETIC/CLASSIC Physique: Gewicht in kg
161	68,6	72,9
162	69,5	73,9
163	70,5	74,9
164	71,4	75,9
165	72,3	76,9
166	73,3	77,9
167	74,2	79,0
168	75,2	80,0
169	76,1	81,0
170	77,1	82,1
171	78,0	83,2
172	79,0	84,2
173	80,0	85,3
174	81,0	86,4
175	82,0	87,5
176	83,0	88,5
177	84,0	89,6
178	85,0	90,8
179	86,0	91,9
180	87,0	93,0
181	88,1	94,1
182	89,1	95,2
183	90,1	96,4
184	91,2	97,5
185	92,2	98,7
186	93,3	99,8
187	94,4	101,0
188	95,4	102,2
189	96,5	103,4
190	97,6	104,6
191	98,7	105,8
192	99,8	107,0
193	100,9	108,2
194	102,0	109,4
195	103,1	110,6



